

JULY 2024

MONTHLY NEWSLETTER

Official Newsletter of FMR India

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This month's newsletter celebrates the vibrant spirit of our community with exciting updates. We welcome Mr. Vijay Kumar and Ms. Sutrishna to Asha Niketan Home and extend our gratitude to the Dora Foundation and Father Anthony. Highlights include our participation in the L'Arche Light Festival, impactful events such as the Lions Club medical camp, and milestones like Ishan's surprise celebration and the Odysseus Company's anniversary. We honor our core members and embrace new opportunities with enthusiasm and appreciation.

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Subin Varghese

COMMUNICATIONS COORDINATOR
FMR INDIA



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L'Arche International and FMR India are uniting 154 communities across 38 countries, fostering a more humane society through shared experiences. This October 4th, join us in creating a vibrant 30-second video to invite everyone to the L'Arche Light Festival.

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Dr Premanand M E

NATIONAL PRESIDENT
FMR INDIA



From the desk of the President, FMR INDIA

BY DR PREMANAND M E

With 154 communities and 19 projects in 38 countries, L'Arche International and FMR India are working among people with and without disabilities, working together for a more humane society. And, come October, L'Arche International and FMR India is asking communities to create an energetic 30 second video inviting people to join the L'Arche Light Festival on October 4th! Light is very common and an integral part of all our celebrations. Even during important meetings, the traditional lamp is lit. What could be more heartwarming than a core member of the host community lighting the lamp along with their Community leader. Come, celebrate happy moments with us. Join us in any community near you and experience the magical moments. Celebrate with us by embracing LIGHT & CELEBRATION —whether it's birthday candles, lanterns, or something entirely your own. Let's have fun together and remember, the smile on a core members face is true light in itself.

Warm regards



Dr Premanand M E
National President
FMR India.



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In July, FMR India showcased its products at Morgan Stanley's marketplace in Bangalore, enhancing our corporate presence. It is always heartwarming when representatives from foundations and organizations visit our community and recognize the hard work we put in. Their visits focused on exploring potential collaborations, marking a promising step toward future partnerships. These events underscore our continued commitment to expanding our impact in the community.

”

Bharathi Gopalakrishnan

NATIONAL LEADER,
FMR INDIA





We were honored to be invited by Morgan Stanley to display our products in their marketplace at their head office in Bangalore. This opportunity allowed us to showcase our work to a broader audience and strengthen our presence within the corporate community.



We had the pleasure of hosting representatives from Pallium India, Ms. Shalini Joseph – Head National Facilitation, and Mr. Lalit, Regional Facilitator, at Asha Niketan Bangalore. Their visit was an important step towards exploring possible collaborations, as they were keen to understand our work and discuss avenues for mutual support. We look forward to the promising opportunities that these discussions may bring.

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This month's newsletter highlights a series of impactful events at Asha Niketan. We hosted a Lions Club medical camp, welcomed Calcutta Boys' School, and celebrated with a dance program for Mission Udaan Welfare Foundation. Our Ratha Yatra festivities included a stall at Budha Ground and culminated in our 17th anniversary celebration. We engaged with National Leader Ms. Bharathi G. through a virtual visit.

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Sibhasish Mondal

COMMUNITY LEADER,
ASHA NIKETAN ASANSOL





The Lions Club organized a medical camp on July 1st at Asha Niketan Asansol.



Calcutta Boys' School Asansol visited Asha Niketan community on 6th July.



We performed a dance program to celebrate the anniversary of Mission Udaan Welfare Foundation-Raniganj



we celebrated the Ratha Yatra on July 7th. We also set up a stall at Budha Ground for five days on the occasion of Rath Yatra.

Celebrating our 17th anniversary on 29th July.



Before refilling the fire extinguisher, our assistants attended a practical demonstration on how to handle it.

National Leader Ms. Bharathi G. virtually visited our community from July 16th to July 19th



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This newsletter celebrates milestones and heartfelt moments at Asha Niketan. We honor Mr. Charles Pinto's legacy of compassion and welcome Ms. Lilly's fresh energy. Highlights include Ishan's joyful surprise celebration, the Odysseus Company's 19th anniversary with us, and an enriching visit to Morgan Stanley. We also recognize Mr. Sivashankar's profound impact on our community. Together, these events reflect our commitment to growth, connection, and the vibrant spirit that defines Asha Niketan.

”

Lilly Rose

COMMUNITY LEADER,
ASHA NIKETAN BANGALORE





M. Arun Kumar, born on April 7th, has Down syndrome, which presented him with several challenges, particularly in his early years. He obtained his basic education at Marthoma Opportunity School and is proficient in English, Tamil, and Kannada.

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On 8th May 2007 Arun joined Asha Niketan, he began to develop various skills that significantly improved his quality of life. He learned to make doormats and scarfs, demonstrating his ability to acquire new skills and contribute to his community. One of the most notable aspects of Arun's development at Asha Niketan was his improvement in social interactions. In contrast to his earlier reluctance to engage with others, Arun began to communicate more effectively, particularly during exhibitions where he would interact with visitors. This marked a significant shift in his behavior, as he stepped out of his comfort zone and began to engage with the world around him also, he also plays carrom well.

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Honoring Mr. Charles Pinto, a guiding light of Asha Niketan. With compassion, wisdom, and unwavering dedication, he has shaped our community, fostering love, respect, and inclusion. As he steps down, we celebrate his incredible contributions.



Welcoming Ms. Lilly with open arms as she joins our community with her experience, passion, and dedication. We look forward to building a vibrant, inclusive, and supportive community where every individual is valued and celebrated.



A day made even more memorable by a surprise visit from Ishan's brother, filling the celebration with joy and love. Surrounded by family and community, Ishan's happiness was priceless. We came together to share cake, laughter, and the warmth of friendship—a beautiful reminder of the love and connection that make our community so special.



We were thrilled to celebrate the 19th anniversary of the Odysseus Company with our Asha Niketan family! Their visit brought joy, connection, and shared memories, filling our community with a special energy. Together, we engaged in meaningful conversations and activities, embodying the true spirit of togetherness.



Honoring Mr. Sivashankar's remarkable dedication to Asha Niketan. From securing our home in Koramangala and raising crucial funds to serving in numerous vital roles, his unwavering love and support have been a cornerstone of our community. His tireless efforts and multifaceted contributions continue to inspire us all.



We are thrilled to share the excitement of our recent visit to Morgan Stanley for a special exhibition! The experience was truly remarkable, offering us the chance to explore new connections with individuals eager to support people with intellectual disabilities. Our day was filled with discovery, learning, and engaging with the wonderful team at Morgan Stanley. The warmth and hospitality we received made the day unforgettable, leaving a lasting impression on our community. We are deeply grateful to Morgan Stanley for hosting us, and we eagerly anticipate future opportunities to connect, learn, and grow together.



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This month, we are excited to welcome Mr. Vijay Kumar as our new driver and Ms. Sutrishna as our new caregiver at Asha Niketan Home. We extend our gratitude to Father Anthony for including us in the special occasion at Satya Nilayam. We are also honored that St. Anthony's Church celebrated Elderly Day with our core member, Peter D'Cruz. Additionally, we look forward to the weekly visits from the Satya Nilayam brothers, fostering new friendships and activities.

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Lozilo Kikon

COMMUNITY LEADER,
ASHA NIKETAN CHENNAI





We are thrilled to welcome Mr. Vijay Kumar, our new driver at Asha Niketan Home. We have been eagerly awaiting a new driver, and we are so happy to have him with us.

Dora Foundation Sponsors Two Carton Boxes of Snacks: We are incredibly grateful to the Dora Foundation for their generous. Thank you for sharing your blessings with us.



We are delighted to welcome Ms. Sutrishna, our new caregiver, to our family. We are so happy for her willingness to join our community.

We are thankful to Father Anthony for inviting us to the special occasion at Satya Nilayam, celebrating the feast of St. Ignatius of Loyola and the final vows of Fr. Valerjan Mandoca, SJ. We feel so blessed.



St. Anthony's Church, Palavakkam, celebrated Elderly Day by honoring those aged 70 and above. Among the honorees was one of our core member, Peter D'Cruz, who is 81 years old. We thank the church for remembering us, feeling truly blessed.



The Satya Nilayam brothers began their visit every saturday as part of their ministry. They will engage in activities and build friendships with the core members.

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This month's newsletter reflects our unwavering commitment to excellence, guided by the enduring support of our National Leader and the vital role of formation in our community's professional growth.

We honor the memories of those who inspire us, finding strength in their blessings as we unite in love and friendship. Together, we embrace technology and tradition, moving forward with renewed energy and deep gratitude for the legacy we carry forward.

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Smritikana Mondal

COMMUNITY LEADER,
ASHA NIKETAN KOLKATA





Striving for excellence in our duties, we embrace the power of technology to uphold high standards of professionalism. Though our National Leader couldn't visit in person, her virtual presence and unwavering support continue to inspire us. Grateful for her enduring leadership.



The Formation is essential in the professional life of our community. It shapes us and creates bonds, which help us move our community forward with renewed energy and momentum.



In this prayer, we feel their presence in spirit, their blessings guiding us through life's challenges. Their memories bring us strength, uniting us in love and friendship. May their souls find everlasting peace, and may we carry their legacy forward with gratitude and devotion.



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We are thrilled to bring you exciting updates in this edition! Our community welcomes new members, celebrates innovative eco-friendly projects, and expresses gratitude as valued members move on to new opportunities. We're also proud of the successful medical camp held in collaboration with Sahani Hospital, ensuring essential healthcare for our residents. Dive in for more on these milestones and the incredible work of our growing team.

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Jyothy Susan Joseph

COMMUNITY LEADER,
ASHA NIKETAN NANDIBAZAR





WELCOME ✨
to the TEAM

We are delighted to share that a new member has joined our community! We extend a warm welcome to our new core member - Muhammed Fayis A.P.

We are thrilled to announce that our outreach team has grown! With the addition of two new members - Shabeer & Shameer.



Crafting a Greener Future: Eco-friendly products made from banana plant fiber, from sling bags to table mats. Sustainable innovation, utilizing local resources with care.

The community is excited to welcome a new assistant Mr. Sreelal C who has officially joined the team on 15th July 2024.





Farewell with Gratitude: Celebrating Mukesh's incredible journey with us as he embarks on a new chapter with the Cork L'Arche Community. Your warmth and dedication will be deeply missed. Wishing you all the best in this exciting new role!



Successful July Medical Camp: In collaboration with Sahani Hospital, we provided essential healthcare services to our community, including check-ups, consultations, and blood group testing. A big thank you to the dedicated hospital staff for their hard work and commitment!





My Cherished Saturdays at Asha Niketan

Sch. Maxwell S.J



Nestled in the heart of Chennai, India, there exists a sanctuary of love and compassion known as ASHA NIKETAN. It is not just an organization, but a true home where the spirit of community thrives. Here, the residents are not mere members with disabilities; they are beloved core-members, each adding a unique thread to the vibrant tapestry of this extraordinary place.

Every Saturday, I, along with my brothers, would eagerly await our visit to this paradise. Our hearts would fill with joy and anticipation as we approached the welcoming gates of ASHA NIKETAN. The atmosphere was always charged with an infectious energy, a testament to the deep bonds of love and care that flourished within these walls.

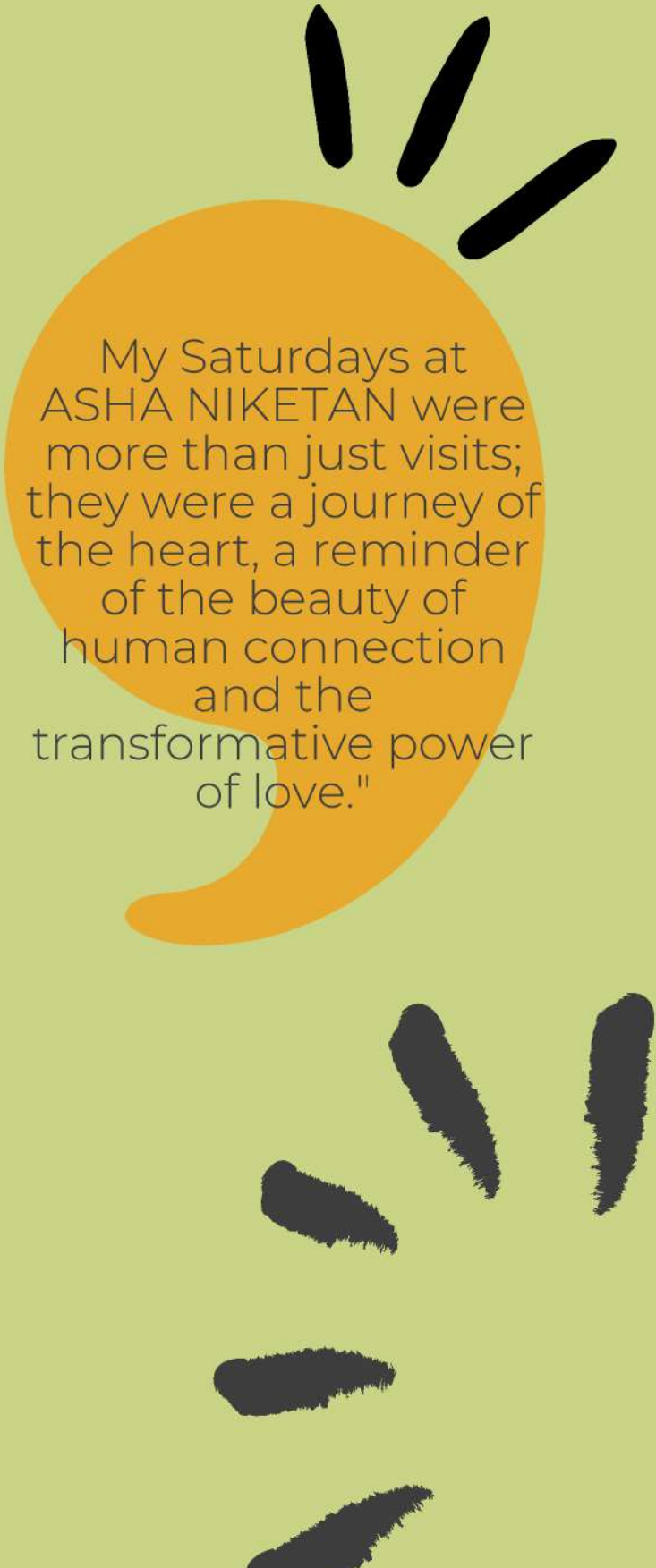
Upon arrival, we were greeted with warm smiles and open arms by the co-members and the dedicated staff, whose unwavering dedication and compassion were truly inspiring. Our visits were a whirlwind of joy and laughter, filled with activities that brought pure, unadulterated happiness to all involved. We played games, sang songs, and danced with abandon, revelling in the simple pleasures of life. Some days, we would venture to the beach, feeling the soft sand beneath our feet and the gentle embrace of the sea breeze.

One of the most beautiful aspects of ASHA NIKETAN is its commitment to nurturing the talents and abilities of its core-members. The air would often be filled with the melodious strains of music, as they were taught to play various musical instruments. Their dedication and passion for music were truly heartwarming, each note a testament to their indomitable spirit.

In addition to their musical pursuits, the co-members were also trained in various handicrafts. Their nimble fingers would weave magic into every creation, transforming simple materials into beautiful works of art. These skills were not only a source of pride but also a means of self-expression and empowerment.

One of the most anticipated events at ASHA NIKETAN was the annual carnival. It was a grand celebration of the core-members' talents, a day when their hard work and dedication were showcased for all to see. The air would be alive with excitement as they sang and danced, their performances a poignant reminder of the power of resilience and joy. The handicrafts they created were put on display and sold, with the proceeds going towards fundraising efforts. The carnival was not just an event; it was a testament to the boundless potential that lies within each and every individual, regardless of their challenges.

I am profoundly grateful to the Chairperson and the community leader and the staffs for giving me the opportunity to experience such love and to be part of this extraordinary community. My Saturdays at ASHA NIKETAN were more than just visits; they were a journey of the heart, a reminder of the beauty of human connection and the transformative power of love. The memories of those joyful moments, the laughter, and the unwavering spirit of the co-members will forever hold a special place in my heart. ASHA NIKETAN is truly a home of love, a beacon of hope and happiness in a world that often forgets the true essence of humanity.



My Saturdays at ASHA NIKETAN were more than just visits; they were a journey of the heart, a reminder of the beauty of human connection and the transformative power of love."

*stay
tuned*



**L'ARCHE
LIGHT
FESTIVAL**

**Save
the
date**

04.10.2024



Zoom Link

Thank you!



www.larchefmrindia.org
Emails: nationalleader@larchefmrindia.org
Mobile : +91 9019390844